



# FAST TRACK TO ICF CREDENTIAL 2023 COURSE CALENDAR

## OVERVIEW

Included in the Fast Track to ICF Credential package are all the programs you will need to achieve 116.9 hours of ICF Accredited Coach Specific Education for ACC accreditation, 7 hours of group mentor coaching and 3 hours of 1:1 mentor coaching. *(ACC level requires 60 hours of Accredited Coach Specific Education for accreditation).*

**To learn more about the Fast Track to ICF Credential Package**

**[please click here](#) or contact us at [enrolment@cotbx.com](mailto:enrolment@cotbx.com).**

# FAST TRACK TO ICF CREDENTIAL 2023 COURSE CALENDAR

## HOW TO USE THE COURSE CALENDAR

This course calendar includes all the upcoming dates for the programs that make up the Fast Track to ICF Credential package. You have the option to complete the programs within six months (by choosing a pre-packaged class schedule) or take advantage of the special Fast Track pricing and take up to 18 months to complete the programs.

1. Select a pre-packaged course schedule (day or night classes) and complete your training in 6 months.
2. Pick and choose the course dates and times that work best for your schedule and complete the program in up to 18 months. The programs are displayed in the order they should be taken as some programs have required prerequisites.

## HOW TO REGISTER

1. Look through this Course Calendar to be sure that there are dates and times that will fit into your schedule.
2. Register for the Fast Track to ICF Credential Package by using the following link:

<https://coachingoutofthebox.com/coaching-education-programs/fast-track-to-icf-certification/>

3. You will receive a welcome email that includes a link to a course selection form where you will select either a pre-packaged course schedule or pick and choose the course dates that will work best for you.

If you have questions about the programs or the registration process, please connect with an enrolment coach by email at [enrolment@cotbx.com](mailto:enrolment@cotbx.com), or book a call <https://calendly.com/enrolment-coach>.



# FAST TRACK TO ICF CREDENTIAL

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### PRE-PACKAGED COURSE SCHEDULES

#### Fast EDUCATION

The following packages have been strategically scheduled to allow for you to complete the required 60 hours ICF-accredited coach-specific education for ACC accreditation, 7 hours of group mentor coaching and 3 hours of 1:1 mentor coaching putting you on the Fast Track to ICF Credential. We have created these packages to take the guess work out of your course selection. We provide support right up until you submit your ACC application.

Included in this are 5 modules giving you fast access to complete the required education component required by the ICF (International Coaching Federation) for your ACC (Associate Certified Coach) application. This program was designed for the courses to be taken in this order as a layered learning approach to your coach education. Graduation happens at the end of the 1:1 mentor coaching which must occur over a time span of 3-months minimum.

Upon completion of this program, you will walk away with:

- 96 Hours of ICF-accredited coach-specific education
- Graduation Certificate
- Certified Graduate Coach badge and designation (Partial ICF Level 1 Segments 1 to 5 of the Coaching Out of the Box® Coach Approach to Leadership Series™)

**Module 1:** 5.5.5 Coaching Skills Training

**Module 2:** Coaching Fundamentals

**Module 3:** Personal Groundwork for Coaching

**Module 4:** Advanced Coaching Skills Practicum

**Module 5:** Mentor Coaching 101



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### **CERTIFICATION Track**

The CERTIFICATION Track is made up of two components, this is meant to support you along the way to gaining your ACC Accreditation with the ICF. This program is a continuation of the Fast Education to make up the Fast Track to ICF Credential (FECT). This program has two modules:

**Module 6:** Credentialing Success Course

**Module 7:** Credentialing Assessment Prep Class

The Credentialing Success Course is self-paced and designed to take the guesswork out of your ACC application and comes with transcription service of your coaching session to be submitted to our Level 1 Assessors as well as a Performance Evaluation of your coaching session. What happens if your Performance Evaluation doesn't make the grade and you do not pass? We have included a get out of fail card we have included another Performance Evaluation in this program. (It is important to note that only one transcript service is included in the program, any additional transcripts are not included.)

The Credentialing Assessment Prep Class is a live-online course, students receive a course selection form in this module to enrol in the course that best suits their schedule.

Upon completion of this program, you will be fully ready to submit your application to the ICF and you will walk away with a full Completion Certificate Level 1 ICF Accredited Coaching Education Program (116.9 hours) for segments 1 – 7 of the Coaching Out of the Box® Coach Approach to Leadership Series™ including passing the ACC Performance Evaluation Assessment.



# FAST TRACK TO ICF CREDENTIAL

## 2023 COURSE CALENDAR

### Fast EDUCATION Schedule

#### MAY 2023 COHORT (AM schedule)

<b>Module 1:</b>	<b>5.5.5 Coaching Skills Training™</b>	
<b>Start Date:</b> Wednesdays, May 3, 2023	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 2:</b>	<b>Coaching Fundamentals Program™</b>	
<b>Start Date:</b> Monday, June 5, 2023	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 10		
<b>Module 3:</b>	<b>Personal Groundwork for Coaching Program™</b>	
<b>Start Date:</b> Wednesday, July 19, 2023	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 4:</b>	<b>Advanced Coaching Skills Practicum Program™</b>	
<b>Start Date:</b> Monday, September 11, 2023	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 5:</b>	<b>Mentor Coaching 101</b>	
<b>Start Date:</b> Monday, November 13, 2023	<b>Time:</b> 10:00-11:00am PST / 1:00-2:00pm EST	
<b>Number of Sessions:</b> 1		

#### JUNE 2023 COHORT (PM schedule)

<b>Module 1:</b>	<b>5.5.5 Coaching Skills Training™</b>	
<b>Start Date:</b> Monday, June 26, 2023	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 2:</b>	<b>Coaching Fundamentals Program™</b>	
<b>Start Date:</b> Wednesday, August 9, 2023	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 10		
<b>Module 3:</b>	<b>Personal Groundwork for Coaching Program™</b>	
<b>Start Date:</b> Monday, September 11, 2023	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 4:</b>	<b>Advanced Coaching Skills Practicum Program™</b>	
<b>Start Date:</b> Wednesday, October 18, 2023	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 5:</b>	<b>Mentor Coaching 101</b>	
<b>Start Date:</b> Wednesday, December 20, 2023	<b>Time:</b> 5:00-6:00pm PST / 8:00-9:00pm EST	
<b>Number of Sessions:</b> 1		



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## 2023 COURSE CALENDAR

### SEPTEMBER 2023 COHORT (AM schedule)

<b>Module 1:</b>	<b>5.5.5 Coaching Skills Training™</b>	
<b>Start Date:</b> Thursday, September 7, 2023	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 2:</b>	<b>Coaching Fundamentals Program™</b>	
<b>Start Date:</b> Tuesday, October 3, 2023	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 10		
<b>Module 3:</b>	<b>Personal Groundwork for Coaching Program™</b>	
<b>Start Date:</b> Thursday, November 9, 2023	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 4:</b>	<b>Advanced Coaching Skills Practicum Program™</b>	
<b>Start Date:</b> Tuesday, January 2, 2024	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 5:</b>	<b>Mentor Coaching 101</b>	
<b>Start Date:</b> Tuesday, February 27, 2024	<b>Time:</b> 10:00-11:00am PST / 1:00-2:00pm EST	
<b>Number of Sessions:</b> 1		

### NOVEMBER 2023 COHORT (PM schedule)

<b>Module 1:</b>	<b>5.5.5 Coaching Skills Training™</b>	
<b>Start Date:</b> Thursday, November 2, 2023	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 2:</b>	<b>Coaching Fundamentals Program™</b>	
<b>Start Date:</b> Tuesday, December 5, 2023	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 10		
<b>Module 3:</b>	<b>Personal Groundwork for Coaching Program™</b>	
<b>Start Date:</b> Thursday, February 1, 2024	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 4:</b>	<b>Advanced Coaching Skills Practicum Program™</b>	
<b>Start Date:</b> Tuesday, February 27, 2024	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	
<b>Number of Sessions:</b> 8		
<b>Module 5:</b>	<b>Mentor Coaching 101</b>	
<b>Start Date:</b> Tuesday, April 23, 2024	<b>Time:</b> 5:00-6:00pm PST / 8:00-9:00pm EST	
<b>Number of Sessions:</b> 1		



# FAST TRACK TO ICF CREDENTIAL

## 2023 COURSE CALENDAR

### PICK AND CHOOSE YOUR COURSES

Courses are displayed in the order they are to be taken. While some courses can be taken concurrently, there are others that have prerequisite courses. Please note that you have 18 months to complete the Fast Track to ICF Credential Package. If you would like to inquire about future dates not listed in this Course Calendar, please contact us at [info@coachingoutofthebox.com](mailto:info@coachingoutofthebox.com).

#### Module 1 – 5.5.5 Coaching Skills Training Program™

Can be taken concurrently with Coaching Fundamentals Program™

Prerequisite: NONE

#### Upcoming Program Dates:

<b>Start Date:</b> Wednesday, May 3, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> May 3, 10, 17, 24, 31, June 7, 14, and 21, 2023.
<b>Start Date:</b> Monday, June 26, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> June 26, July 10, 17, 24, 31, August 14, 21, and 28, 2023. No class on Monday, July 3 and Monday, August 7, 2023
<b>Start Date:</b> Thursday, September 7, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> September 7, 14, 21, 28, October 5, 12, 19, and 26, 2023.
<b>Start Date:</b> Thursday, November 2, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00 – 6:30 pm PST / 8:00 – 9:30 pm EST <b>Dates:</b> November 2, 9, 16, 30, December 7, 14, 21, and 28, 2023. No class on Thursday, November 23, 2023.

# FAST TRACK TO ICF CREDENTIAL 2023 COURSE CALENDAR

## Module 2 – Coaching Fundamentals Program™

Can be taken concurrently with 5.5.5 Coaching Skills Training Program™

Prerequisite: NONE

### Upcoming Program Dates:

<b>Start Date:</b> Thursday, April 6, 2023 <b>Number of Sessions:</b> 10 <b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST	<b>Dates:</b> April 6, 13, 20, 27, May 4, 11, 18, 25, June 1, and 8th, 2023.
<b>Start Date:</b> Monday, June 5, 2023 <b>Number of Sessions:</b> 10	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> June 5, 12, 26, July 10, 17, 24, 31, August 14, 21, and 28, 2023. <i>No class on Monday June 19, Monday July 3, and Monday August 7, 2023.</i>
<b>Start Date:</b> Wednesday, August 9, 2023 <b>Number of Sessions:</b> 10	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> August 9, 16, 23, 30, September 6, 13, 20, 27, October 4, and 11, 2023.
<b>Start Date:</b> Tuesday, October 3, 2023 <b>Number of Sessions:</b> 10	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> October 3, 10, 17, 24, 31, November 7, 14, 21, 28, & December 5, 2023.
<b>Start Date:</b> Tuesday, December 5, 2023 <b>Number of Sessions:</b> 10	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> December 5, 12, 19, January 2, 9, 16, 23, 30 and February 6, 2024. <i>No class on Tuesday, December 26</i>



# FAST TRACK TO ICF CREDENTIAL

## 2023 COURSE CALENDAR

### Module 3 – Personal Groundwork for Coaching Program™

Can be taken concurrently with Advanced Coaching Skills Practicum

Prerequisites: 5.5.5 Coaching Skills Training Program™ or Coaching Fundamentals Program™

#### Upcoming Program Dates:

<b>Start Date:</b> Tuesday, May 16, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> May 16, 23, 30, June 6, 13, 20, 27, and July 11, 2023. <i>No class on Tuesday, July 4, 2023.</i>
<b>Start Date:</b> Wednesday, July 19, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> July 19, 26, August 2, 9, 16, 23, 30, and September 6, 2023.
<b>Start Date:</b> Monday, September 11, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> September 11, 18, 25, October 2, 16, 23, 30 and November 6, 2023. <i>No class on Monday, October 9, 2023.</i>
<b>Start Date:</b> Thursday, November 9, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> November 9, 16, 30, December 7, 14, 21, 28 and January 4, 2024. <i>No class on Thursday, November 23, 2023.</i>
<b>Start Date:</b> Thursday, February 1, 2024 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> February 1, 8, 15, 22, 29, March 7, 14, and 21, 2024.

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## 2023 COURSE CALENDAR

### Module 4 - Advanced Coaching Skills Practicum

Can be taken concurrently with Personal Groundwork for Coaching Program™ and Credentialing Assessment (CAP) Prep Class

Prerequisites: 5.5.5 Coaching Skills Training Program™ and Coaching Fundamentals Program™

#### Upcoming Program Dates:

<b>Start Date:</b> Thursday, May 4, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> May 4, 11, 18, 25 and June 1, 8, 15, 22, 2023.
<b>Start Date:</b> Thursday, June 22, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> June 22, 29 and July 6, 13, 20, 27 and August 3, 10, 2023.
<b>Start Date:</b> Monday, September 11, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> September 11, 18, and October 2, 16, 23, 30 and November 6, 2023. <i>No class on Monday October 9, 2023.</i>
<b>Start Date:</b> Wednesday, October 18, 2023 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> October 18, 25, November 1, 8, 15, 22 and December 6, 13, 2023. <i>No class on Wednesday November 29, 2023.</i>
<b>Start Date:</b> Tuesday, January 2, 2024 <b>Number of Sessions:</b> 8	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> January 2, 9, 16, 23, 30 and February 6, 13, 20, 2024.
<b>Start Date:</b> Tuesday, February 27, 2024 <b>Number of Sessions:</b> 8	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> February 27, March 5, 12, 19, 26, April 2, 9, 16, 2024.

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## 2023 COURSE CALENDAR

### Module 5 – Mentor Coaching 101

Prerequisites: None

#### Upcoming Program Dates:

<b>Date:</b> Wednesday, April 9, 2023 <b>Number of Sessions:</b> 1	<b>Time:</b> 5:00-6:00pm PST / 8:00-9:00pm EST
<b>Date:</b> Thursday, June 29, 2023 <b>Number of Sessions:</b> 1	<b>Time:</b> from 9:30-10:30am PST / 12:30-1:30 pm EST
<b>Date:</b> Thursday, August 17, 2023 <b>Number of Sessions:</b> 1	<b>Time:</b> 5:00-6:00pm PST / 8:00-9:00pm EST
<b>Date:</b> Monday, November 13, 2023 <b>Number of Sessions:</b> 1	<b>Time:</b> 9:30-10:30am PST / 12:30-1:30 pm EST
<b>Date:</b> Wednesday, December 20, 2023 <b>Number of Sessions:</b> 1	<b>Time:</b> 5:00-6:00pm PST / 8:00-9:00pm EST



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### Module 6 – Credentialing Success Course

This course is only open to COTBx Certified Graduate Coaches.

This experience provides the guidance and support to complete the performance evaluation portion for an application to the ICF for an ACC Credential.

What is covered in the Credentialing Success Course? In the online self-study format, the student is guided through:

- Knowing the criteria for a successful ACC application
- Learning how to demonstrate the Minimum Skills Requirements for ACC
- What is unique about the Credentialing Success Course is we ADDED:
  - o Exploring and assessing sample ACC-level recordings
  - o Tips for Success
  - o Practical guidelines for client selection and agreement setting for the recording
  - o All the technical and practical aspects of how to create a final recording
  - o A FREE service to produce a transcription of the recording
  - o Online interface to submit all needed files to our ICF assessors for final review and evaluation
  - o Written feedback from the ICF Assessor with a Pass or Fail status
  - o Level 1 Assessors all PCC-level, above and beyond ICF requirements!
- PROTECTION. The ability to have a second recording assessed by COTBx for FREE, should the first recording not meet minimum ACC standards
- Walk through completing their ICF application

Also included in the program:

- 1 full transcript of a coaching session recording
- Performance evaluation (Level 1 Assessors)

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### Module 7 - Credentialing Assessment Prep (CAP) Class

**Prerequisites:** Fast Education Modules 1 – 5

Or this course can be taken as a stand-alone program.

This course is the last step prior to ACC application. As a layered approach to learning this program will present several questions each week that are specifically related the ICF Core Competencies and the ICF Ethics and Standards and mimic the multiple-choice questions you will be asked to answer in the CE exam. This program also includes mock exams presented as multiple choice in the student portal.

#### Upcoming Program Dates:

<b>Start Date:</b> Tuesday, June 6, 2023 <b>Number of Sessions:</b> 6	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> June 6, 13, 20, 27, July 11 and July 18, 2023. <i>No class on Tuesday, July 4, 2023.</i>
<b>Start Date:</b> Thursday, August 1, 2023 <b>Number of Sessions:</b> 6	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> August 1, 8, 15, 22, 29 and September 5, 2023
<b>Start Date:</b> Wednesday, October 4, 2023 <b>Number of Sessions:</b> 6	<b>Time:</b> 9:30-11:00am PST/12:30-2:00pm EST <b>Dates:</b> October 4, 11, 28, 25 and November 1, 8, 2023
<b>Start Date:</b> Monday, November 13, 2023 <b>Number of Sessions:</b> 6	<b>Time:</b> 5:00-6:30pm PST/8:00-9:30pm EST <b>Dates:</b> November 13, 20, 27, December 4, 11, 18, 2023.
<b>Start Date:</b> Thursday, February 1, 2024 <b>Number of Sessions:</b> 6	<b>Time:</b> 9:30-11:00am PST / 12:30-2:00pm EST <b>Dates:</b> February 1, 8, 15, 22, 29 and March 7, 2024
<b>Start Date:</b> Thursday, March 28, 2024 <b>Number of Sessions:</b> 6	<b>Time:</b> 5:00-6:30pm PST / 8:00-9:30pm EST <b>Dates:</b> March 28, April 4, 11, 18, 25, and May 2, 2024.

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## 2023 COURSE CALENDAR

### ABOUT COACHING OUT OF THE BOX®

The International Coaching Group Inc. dba Coaching Out of the Box® (COTBx) was founded on the passion and **VISION** to see that everyone has coaching skills. Our **MISSION** is to see that they do.

We fulfill our mission by providing education, training, and support for coaching skills development in the form of courses, products and resources. We offer a full range of training courses from the fundamentals of coaching all the way to advanced skill development. Our programs are practical, easy to learn and easy to apply so that everyone can learn coaching skills.

We use our proven model to teach individuals and organizations how to leverage the incredible power of coaching to transform lives.

All programs and products from COTBx were developed by ICF Master Certified Coaches who are leaders in the field of professional coaching. We are an International Coaching Federation (ICF) Level 1 Accredited Coaching Education Program, and all courses are Level 1 approved.

To date our flagship 5.5.5 Coaching Skills Training Program™ has been delivered to over 35,000 people in 38+ countries.

We offer a full range of courses and resources to support you along the coaching continuum. From individuals looking to obtain an ICF credential, organizations ready to develop internal coaching capacity, leaders who want to lead with a coach approach to experienced coaches wanting to add continuing coaching education credits or to become a coaching educator via our Train the Trainer program, we have you covered.

If you would like more information or have any questions, please get in touch.

Enrolment Coach [enrolment@cotbx.com](mailto:enrolment@cotbx.com)

OR

Program Advisor [advisor@coachingoutofthebox.com](mailto:advisor@coachingoutofthebox.com)

Visit our website at [www.CoachingOutoftheBox.com](http://www.CoachingOutoftheBox.com)  
or call us at 1-888-422-6224.

